

# STARTER/TAPAS

AVAILABLE 12:00 - 15:00 \* / 18:00 - 20:00

4 X PLATES - £23 \*

<b>WARM RUSTIC CIABATTA *</b> £6	<b>KOREAN CHICKEN WINGS *</b> £7
Served with Balsamic & Oil. V/DF	Fried Chicken Wings smothered in a Korean Barbeque Sauce. DF
<b>HALLOUMI FRIES *</b> £6	<b>THAI CHICKEN SATAY</b> £7
Served with Sweet Chilli Sauce. GF	<b>SKEWERS *</b>
<b>Mac &amp; Cheese *</b> £6	Chicken Skewers marinated in a Thai Seasoning, with Satay Sauce. GF/DF
Macaroni Oven Baked in a Creamy Cheese Sauce. GF	<b>PULLED PORK BAO BUN</b> £8
<b>PATATAS BRAVAS *</b> £5	Cornish pulled Korean Pork with Newlyn Fermentary Kimchi.DF
Diced Garlic & Herb Potato in a Spicy Sauce GF/V/DF. ADD CHORIZO £1	<b>CORNISH BEEF MEATBALLS *</b> £7
<b>SALT &amp; PEPPER SQUID *</b> £7	Beef Mince, diced onion, fresh basil & in a Tomato Sauce.GF
Served with Sweet Chilli Sauce.	<b>LAMB KOFTA *</b> £8
<b>CORNISH MUSSELS</b> £9	Grilled Lamb Mince, Garlic & Mixed Spices, Mint Yogurt & Flatbread.DF (NO YOGURT/FLATBREAD)
White Wine & Garlic Cream with a Rustic Ciabatta. GF (no Ciabatta)	<b>SWEET POTATO FRIES OR CHIPS*</b> £5
<b>WHOLETAIL SCAMPI *</b> £7	served with a Side Salad
Served with Tartare Sauce.	
<b>BATTERED FISH GOUJONS *</b> £7	
Served with Peas & Tartare Sauce.	

## BURGERS

<b>HIGHER TRENOWIN FARM BURGER</b> £12
In a Brioche Bun, with onion rings, Burger Sauce, Skin on Fries & Salad Garnish. add bacon £1 add cheese £1
<b>CAJUN CHICKEN BURGER</b> £14
Breaded chicken burger in a brioche Bun with shredded lettuce & tomato, garlic mayo, Skin on Fries & Salad Garnish.
<b>PLANT BURGER</b> £12
Loaded with Salad, Chipotle Sauce in a vegan Bun with skin on fries and salad Garnish. VG

## SEAFOOD

<b>CORNISH MUSSELS &amp; RUSTIC CIABATTA</b> £17
Cooked in a white wine & creamy garlic sauce. GF.
<b>CATCH OF THE DAY (PLEASE ASK THE SERVER FOR TODAY'S CATCH)</b> £16
Oven roasted , seasoned sliced cornish new potatoes & seasoned greens / choice of garlic or caper butter. GF
<b>BREADED SCAMPI</b> £14
Seasoned skin on fries , peas & tartare sauce.
<b>CORNISH BEER BATTERED FISH &amp; CHIPS</b> £15
Served with seasoned skin on fries , mushy or garden peas & tartare sauce. DF

**SUNDAY CARVERY 12:00  
- 16:00  
£12/ 2 COURSE £15**

PLEASE INFORM STAFF OF ANY ALLERGENS

PLEASE FOLLOW US ON FACEBOOK & INSTAGRAM

GF - GLUTEN FREE, V - VEG, DF - DAIRY FREE

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